

Saturday Improvement  
 My First Triathlon & My Next Triathlon  
 Lake Lanier Islands, GA  
 Saturday June 4, 2011

IMPROVEMENT RESULTS from 2010 to 2011

Female Overall Improvement

Place	No.	Name	Division	Sex	Age	City	St	2010	2011	Improvement
1	219	Maggie Eckard	MXT4044F	F	41	Atlanta	GA	2:27:30	1:48:52	38:39
2	204	Beverly Dorsey	MXT4044F	F	43	Snellville	GA	2:42:25	2:11:09	31:17
3	516	Misty Miller	MXT3034F	F	34	Asheville	NC	1:45:15	1:25:25	19:51
4	565	Amy Northcutt	MXT3034F	F	31	Kings Mountain	NC	2:08:59	1:55:54	13:06
5	107	Lori Brown	MXT5054F	F	51	Suwanee	GA	1:51:17	1:38:31	12:47
6	471	Teresa Marks	MXT4044F	F	40	Cumming	GA	1:52:47	1:42:50	9:58
7	632	Pamela Randolph	MXT4549F	F	49	Dunwoody	GA	1:40:29	1:31:02	9:28
8	336	Valerie Hinkle	MXT2529F	F	26	Alpharetta	GA	1:49:39	1:40:30	9:10
9	720	Brenda Sovine	MXT3539F	F	37	Cleveland	GA	1:34:31	1:25:43	8:49
10	722	Erin Spensley	MXT3034F	F	32	Athens	GA	2:16:23	2:08:01	8:23
11	259	Lauren Franke	MXT1924F	F	20	Lawrenceville	GA	1:49:34	1:41:26	8:09
12	273	Lisa Getzinger	MXT4549F	F	46	Decatur	GA	2:15:44	2:08:27	7:18
13	501	Rosa McGeehin	MXT5559F	F	55	Grayson	GA	1:48:17	1:41:11	7:06
14	366	Kirsten Ingram	MXT4044F	F	40	Dacula	GA	1:44:03	1:37:09	6:55
15	716	Deena Snipes	MXT4044F	F	40	Clarkston	GA	1:43:07	1:36:18	6:50
16	779	Melissa Van Meter	MXT4044F	F	41	Rome	GA	1:37:45	1:31:38	6:08
17	206	Taylor Dorsey	MXT1618F	F	17	Snellville	GA	2:02:56	1:57:35	5:22
18	229	Jayne Feagin	MXT3034F	F	33	Kennesaw	GA	1:37:39	1:32:20	5:20
19	95	Ashlee Bright	MXT3034F	F	33	Cumming	GA	1:40:08	1:35:17	4:52
20	334	Sarah Higinbotham	MXT4044F	F	42	Alpharetta	GA	1:26:17	1:21:32	4:46
21	3	Leslie Ackermann	MXT4549F	F	47	Buford	GA	2:08:33	2:03:51	4:43
22	622	Melissa Purgason	MXT4044F	F	41	Buford	GA	1:58:02	1:53:37	4:26
23	412	Amy Krueger	MXT2529F	F	29	Decatur	GA	1:38:26	1:35:10	3:17
24	413	Carolyn Kucharski	MXT4044F	F	43	Marietta	GA	1:19:29	1:16:34	2:56
25	407	Michelle Klaer	MXT2529F	F	25	Charlotte	NC	1:37:04	1:35:08	1:57
26	238	Elizabeth Finnerty	MXT5054F	F	51	Atlanta	GA	1:36:58	1:35:02	1:56
27	264	Lillian Freeman	MXT3539F	F	39	Grayson	GA	1:30:30	1:29:04	1:27
28	188	Laura Beth Daws	MXT3034F	F	30	Kennesaw	GA	1:29:14	1:28:11	1:04
29	239	Marge Finnerty	MXT7099F	F	78	Atlanta	GA	2:00:26	2:00:24	0:02

Men Overall Improvement

1	117	Jim Bush	MXT2529M	M	29	Woodstock	GA	2:00:18	1:28:43	31:36
2	402	Patrick King	MXT2529M	M	27	Alpharetta	GA	1:51:58	1:26:13	25:46
3	674	Brett Sandifer	MXT3539M	M	38	Smyrna	GA	1:45:53	1:27:47	18:07
4	221	Robert Eckard	MXT3539M	M	39	Atlanta	GA	1:52:26	1:36:07	16:20

SaturdayImprovement

5	515 Michael Miller	MXT4549M M	48 Norcross	GA 1:53:02	1:38:11	14:52
6	104 James Brown	MXT4044M M	40 Canton	GA 1:45:52	1:31:20	14:32
7	368 Jayson Janney	MXT3539M M	36 Scottdale	GA 1:30:36	1:18:41	11:56
8	203 Michael Donovan	MXT4044M M	41 Dunwoody	GA 1:55:31	1:45:46	9:46
9	5 Alan Adams	MXT5054M M	51 Stone Mountain	GA 1:35:14	1:25:53	9:22
10	345 John Holmes	MXT4044M M	43 Dacula	GA 1:52:06	1:43:47	8:20
11	149 Pete Coleman	MXT3539M M	37 Marietta	GA 1:29:42	1:21:30	8:13
12	511 David Merry	MXT4044M M	40 Marietta	GA 1:21:21	1:13:46	7:36
13	441 Andy Little	MXT3539M M	38 Marietta	GA 1:41:18	1:34:34	6:45
14	244 David Fischer	MXT4044M M	42 Alpharetta	GA 1:31:08	1:24:39	6:30
15	709 Scott Smith	MXT3539M M	36 Mableton	GA 1:38:19	1:32:19	6:01
16	495 Jeff McCullough	MXT3034M M	32 Cumming	GA 1:29:22	1:23:51	5:32
17	533 John Morris	MXT2529M M	28 Alpharetta	GA 1:39:15	1:34:00	5:16
18	200 Joshua Dobelstein	MXT3539M M	37 Suwanee	GA 1:34:13	1:29:25	4:49
19	633 Pete Ranft	MXT4549M M	48 Suwanee	GA 1:34:29	1:29:55	4:35
20	718 Fred Soller	MXT3539M M	36 Alpharetta	GA 1:10:44	1:06:36	4:09
21	614 Paul Powers	MXT5559M M	56 Roswell	GA 1:44:17	1:40:10	4:08
22	172 Randy Cruce	MXT4549M M	48 Lawrenceville	GA 1:20:25	1:16:41	3:45
23	496 Gregory McDermott	MXT6064M M	61 Dawsonville	GA 1:37:04	1:33:35	3:30
24	109 Jerry Bruce	MXT4549M M	46 Dahlonega	GA 1:18:45	1:15:49	2:57
25	285 Matt Goldstein	MXT3539M M	39 Suwanee	GA 1:21:48	1:18:56	2:53
26	160 Geoffrey Couch	MXT4044M M	42 Bogart	GA 1:25:35	1:22:50	2:46
27	282 James Glisson	MXT3034M M	30 Atlanta	GA 1:12:39	1:10:17	2:23
28	87 Derek Bothe	MXT4044M M	40 Sugar Hill	GA 1:32:01	1:30:01	2:01
29	299 Frank Gregalit II	MXT3034M M	33 Buford	GA 1:05:59	1:04:08	1:52
30	333 Daniel Higinbotham	MXT1315M M	15 Alpharetta	GA 1:20:06	1:18:15	1:52
31	1 Michael Abbagnaro	MXT4044M M	43 Sugar Hill	GA 1:16:22	1:14:39	1:44
32	494 Jeff McCollum	MXT4044M M	42 Alpharetta	GA 1:11:17	1:09:44	1:34
33	793 Chris Walker	MXT2529M M	29 Douglasville	GA 1:28:41	1:27:08	1:33
34	664 Terry Ryan	MXT5054M M	53 Suwanee	GA 1:22:26	1:21:23	1:04
35	247 Jeremy Fitzpatrick	MXT3034M M	31 Athens	GA 1:28:59	1:27:59	1:01
36	535 Michael Morris	MXT2529M M	28 Atlanta	GA 1:19:58	1:19:07	0:52
37	253 Brian Ford	MXT3539M M	37 Suwanee	GA 1:30:06	1:29:41	0:26
38	659 Ed Rucci	MXT4549M M	49 Alpharetta	GA 1:09:46	1:09:23	0:23
39	54 Erik Belinfante	MXT4044M M	44 Suwanee	GA 1:12:40	1:12:22	0:19
40	63 Ryan Bertram	MXT2529M M	29 Lawrenceville	GA 1:04:17	1:04:03	0:15
41	406 Ken Klaer	MXT5054M M	52 Duluth	GA 1:19:28	1:19:17	0:12